



SFA-notice-037A 基礎生命支持課程 (CPRAED)

課程簡介：

介紹急救的目的、急救的基本原理，認識最基本的急救處理方法，哽塞的處理方法，訓練人工心肺復甦法(CPR)及自動體外去纖維性顫動器(AED)的使用。

課程目的：

學習基本的生命支持術；讓學員在意外發生時，能應用基本的急救方法，為傷者作出適當的處理。

課程內容：

急救的目的及基本原理

哽塞的處理

訓練成人、兒童及嬰兒心肺復甦法(CPR)

自動體外去纖維性顫動器(AED)的使用時機

自動體外去纖維性顫動器(AED)的使用

課程時數：9 課時(兩堂教學，第三堂考試；每堂三小時，連考試共九小時。)

學員人數：每班 6-10 人

報讀資格：年滿 16 歲或以上人士

主講導師：澳門紅十字會急救導師

授課語言：廣東話(預設) / 普通話 / 英語

學費： 每人澳門幣捌佰元正(MOP800.00)

評核內容：出席率須達 90%，才能參加評核

1. 心肺復甦法

2. 自動體外去纖維性顫動器的操作

* 各項操作試分別達標者視為通過評核，只有其中一科未能達標者可獲一次補考機會。

證書：

學員於上述各項中達標可獲本會頒發：課程證書及基礎生命支持術證。

更新日期：2025-06-16



SFA-notice-037

Basic Life Support Course (CPRAED)

Course description:

Introduce the purpose and the basic principles of first aid; recognize the most basic first aid treatments, such as handling choking, training on artificial cardiopulmonary resuscitation (CPR) and applying Automated External Defibrillation (AED).

Learning objectives:

Learn the techniques of basic life support; enable participants to apply basic first aid and provide appropriate treatment for the casualty after the accident.

Course content:

Purpose and basic principles of first aid

Management of choking

Training on adults, children, and infants in cardiopulmonary resuscitation (CPR)

When to use automated external defibrillator (AED)

Usage of automated external defibrillator (AED)

Course hours: Total 9 hours

(2 lessons of teaching, exam on 3rd lesson; 3 hours per lesson, totally 9 hours including exam.)

Student Number: 6-10 persons per course

Eligibility: 16 years old or above

Course tutor: Macau Red Cross First Aid Instructor

Language: Cantonese (default) / Mandarin / English

Cost: **MOP 800** per person

Assessment Content: (90% attendant rate is required)

1. CPR

2. AED operation

* Both operation exam need to be reached standard to pass the assessment. Only one supplementary exam opportunity for one of above exam failed.

Certification:

Students who reach the standard in the above assessment will be awarded:

Course certificate & CPRAED certificate card

Updated: 2025-06-16