



## SFA-notice-034 成人急救員課程 (AFA)

### 課程簡介：

認識急救的基本原理及最基本的急救處理方法；讓學員在意外發生時，能應用基本的急救方法，為傷者作出適當的處理。

### 課程目的：

讓學員對急救的步驟及常見意外損傷的急救知識有初步的掌握，並且要求掌握心肺復甦法、自動體外去纖維性顫動器的使用、復原臥位及包紮技術的操作。

### 課程內容：

介紹急救原則及檢查傷者	傷口、骨折及處理方法
窒息、哽塞的處理、人工呼吸	中毒、燒傷、環境創傷及軟組織損傷
單人心肺復甦法	內科急症的處理方法
自動體外去纖維性顫動器的使用及保養	搬運傷者的方法
出血、休克及復原臥位	

課程時數：30 課時(九堂教學，第十堂考試；每堂三小時，連考試共三十小時。)

學員人數：每班 14-16 人

報讀資格：年滿 16 歲或以上人士

主講導師：澳門紅十字會急救導師

授課語言：廣東話(預設) / 普通話 / 英語

課程費用：每人澳門幣柒佰元正(MOP700.00)

評核內容：出席率須達 90%，才能參加評核

1. 筆試
2. 心肺復甦法合併自動體外去纖維性顫動器的操作
3. 復原臥位
4. 包紮

\* 筆試及操作試分別達標者視為通過評核，只有其中一科未能達標者可獲一次補考機會。

### 證書：

學員於上述各項中達標可獲本會頒發：課程證書。

更新日期：2020-10-29



## SFA-notice-034

# Adult First Aid Course (AFA)

### Course description:

To understand the basic principles of first aid and the most basic first-aid treatment methods; enable the students to apply appropriate treatment for the casualty in the accidents.

### Learning objectives:

Let the students have a concept of first aid knowledge and treatment steps for common accidental injuries, require the operation of cardiopulmonary resuscitation (CPR), applying Automated External Defibrillation (AED), the recovery position and bandaging technique.

### Course content:

First Aid Principles, Examination to the casualty,  
Suffocation, Choking, Artificial Ventilation,  
Learn to perform CPR and use the automated external defibrillators (AED)  
Wound, Bleeding, Fracture, Shock, Recovery Position  
Poisoning, environmental trauma, Burns, Soft tissue injury, Moving

**Course hours:** Total 30 hours  
(9 lessons of teaching, exam on 10th lesson; 3 hours per lesson, totally 30 hours including exam.)  
**Student Number:** 14-16 persons per course  
**Enroll Condition:** 16 years old or above  
**Course tutor:** Macau Red Cross First Aid Instructor  
**Language:** Cantonese (default) / Mandarin / English  
**Cost:** MOP 700 per person

### Assessment Content: 90% attendant rate is required

1. Written exam
2. CPR + AED operation
3. Recovery position
4. Bandage

\* Written exam and operation exam need to be reached standard to pass the assessment. Only one supplementary exam opportunity for one of above exam failed.

### Certification:

Students who reach the standard in the above assessment will be awarded: Course certificate.

Updated: 2020-10-29